



Promoted for and on behalf of Cycling Time Trials under their rules, regulations and championship conditions

KENT CYCLING ASSOCIATION

President Pat Hill

OPEN 12 HOUR TIME TRIAL

For Bicycles and Tricycles

Incorporating the

Kent and Surrey/Sussex VTTA Group Championships

Sunday 23rd August 2015

START SHEET



Kent Cycling Association



Event Secretary

Esther Carpenter
10 Maplehurst Road,
Baldslow,
St.Leonards-on-sea,
East Sussex, TN37 7NA
☎ (01424) 751581

Timekeepers

Paul Mepham
Pat Hill
Ernie & David Mackey
Others to be confirmed

Course Controller

Clin Maisey

Event H.Q. - Bethersden Village Hall (TN26 3AF). There are toilet facilities and ample parking.

PLEASE BE QUIET AT THE HALL IN THE MORNING

**SIGNING ON SHEET, BODY AND ARM NUMBERS
WILL BE AT EVENT H.Q.**

Please note that C.T.T. Regulation 16 states that the number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position.

Please note that any rider whose number is not positioned correctly will not be allowed to start.



NOTES

RIDERS

It is a legal requirement (Road Vehicles Lighting Regulations 1989) to use appropriately fitted pedal reflectors and also a rear reflector (which may be incorporated into a rear light) as well as front and rear lights when riding in the dark (ie between sunrise and sunset). The onus is upon the rider to obey the law.

Riders will be expected to fit appropriate front and rear lights.

Please note that C.T.T. Regulation 16 states that the number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position. Position number as shown Please note that any rider whose number is not positioned correctly will not be allowed to start.



You must observe C.T.T. Regulation No 21 about Paced & Company Riding

Competitors must ride entirely alone and unassisted and not ride in company or take shelter (commonly known as drafting) from other riders or vehicles. A competitor overtaking another must pass without receiving or giving shelter. The onus of avoiding company riding shall be upon the rider overtaken.

Riders should note that the event organiser will strictly enforce the rules about pacing and riding in company. For clarity this includes riding in the company of any person, for example other club members, and not just other competitors.

Forms are enclosed so that you can register your support vehicle. The K.C.A. Committee will disqualify any rider guilty of infringing C.T.T. Regulation No 22. Attention is drawn specifically to paragraph (c) which states:

Where vehicles are to be authorised a full description of the vehicle and registration number shall be given to the event promoter prior to the start of the competitor. A competitor shall not be overtaken by his support vehicle more frequently than once every 10 miles. Where possible the vehicle must be driven at normal traffic speed and must not follow the competitor, nor impede or annoy other competitors. Any competitor whose authorised vehicle impedes or causes annoyance to any other competitor shall be liable to disqualification from the event.

Where any other vehicle precedes or follows for any length of time, or frequently passes a competitor, that vehicle shall be deemed to be associated with that competitor who shall be liable to disqualification from the event.

Please read this and ensure that your driver understands the restrictions of this regulation.

Support Vehicles on the circuit should take extreme care to avoid obstructing riders as there are sections of the circuit that are very narrow. No individual helpers are to park or operate within 300 yards of any circuit timekeeper.

When you finish make sure your helpers do not obscure the Timekeeper's view or impede other riders. Please note that NO Riders or Vehicles are to stop at the Timekeepers, but they must continue to a safe and convenient stopping point.

All under 18s must use a hard shell helmet that meets an internationally accepted safety standard, and in the interests of your own safety, the C.T.T. and the event promoters strongly advise all competitors wear a hard shell helmet.

You should note that there will not be marshals at every junction, but it is intended to place arrows around the course. However, You are responsible for ensuring that you follow the course correctly. Take Extra CARE at the RIGHT TURNS.

To reach the start from the H.Q. turn right from Bethersden Village Hall toward the A28 and then left on the A28 toward Ashford. Kiln Lane is the first turning on the left.

Riders should be aware that they risk disqualification for obstructing other riders at the start or on the finishing circuit or using these areas as a public toilet. Toilet facilities are available at the Event H.Q.

Riders should take care turning Left when exiting Kiln Lane on to A.28 after they start.

A result board will be at the event H.Q. which will show **provisional distances**. **Riders are asked to put their GARMIN distances in the space provided on the result board which will assist in checking the calculated result.**

Do not bother the Timekeepers. Information regarding non finishers will be welcomed.

The K.C.A. wishes all competitors a safe and enjoyable ride.

CUT OUT LEGS

Because the course is now a set of circuits Riders will continue to go around the Brenzett - Brookland - East Guldeford - Camber - Lydd - Hammond's Corner - Brenzett circuit until 3.00 p.m. at which time they will turn Right at Brenzett round-a-bout and proceed to the finishing circuit.

FEEDING ARRANGEMENTS

There will be no feed during the event. Riders may hand in their own food and bottles, labelled with their name, and it will be taken to Brookland round-a-bout, and then moved to the finishing circuit. Please make sure that you leave clearly marked containers at the vehicle with the Feeding Sign at the Event H.Q.

MARSHALS

Indicate the direction to be followed in a positive manner but Do Not Hold Up The Traffic.

Please wear a marshal's jacket. There will be jackets at the event H.Q. at Bethersden Village Hall. If you borrow a jacket please either hand it to your relief or return it to the hall. Please return marshal's check sheets to the Event Organizer.

TIMEKEEPERS

Timekeepers should report to Kings Head, Shadoxhurst at 2.30 p.m. to synchronise watches and be allocated Time Keeper stations.

MASSAGE

We are lucky that Jackie has brought her massage table to the 12 Hour for several years and she'll be there again this year. It's a popular feature of the event and we'd like to suggest that you donate a minimum of £5 to her to cover the cost of her oils, etc.

REFRESHMENTS

Light refreshments will be available at the hall from 5.30p.m. onwards.

WEB SITE

You can keep up to date with the latest news and provisional result at www.kca12hour.org.uk. It is intended to post Live Distance updates during the day.

AWARDS

K.C.A 12 HOUR CHAMPIONSHIP

FASTEST

1st	A J Bathurst Trophy (for one year) Plus Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

TEAM

1st Team of Three	The Bray Shield (for one year) Plus Gilt Medals
2nd Team of Three	Silver Plated Medals

LADY

1st	Glad Mills Plaque
2nd	Silver Plated Medal
3rd	Bronze Medal

VETERAN ON AGE STANDARD

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

GREATEST IMPROVEMENT ON DISTANCE IN LAST THREE YEARS

1st	Gilt Medal
2nd	Silver Plated Medal
3rd	Bronze Medal

All finishers, other than prize winners, will receive a K.C.A. Medal.

V.T.T.A. KENT GROUP CHAMPIONSHIP

1st (on standard)	Gilt V.T.T.A. Medal
1st (on actual)	Gilt V.T.T.A. Medal
1st Team Two (on standard)	Bronze V.T.T.A. Medal

V.T.T.A. SURREY SUSSEX GROUP CHAMPIONSHIP

1st (on standard)	Gilt V.T.T.A. Medal
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RIDER

No	Name	Club	V.T.T.A. Gp	Best LTS	Start Time
1	Malcolm Strickland	Thornton RC	V60	173	6.01
2	Bob Loader	Sydenham Wheelers CC	V82 Kent	185	6.02
3	Samantha Pyrah	Rye & District Wheelers CC	WV46	185	6.03
4	Ian Mackenzie	Southend Wheelers	TV69	173	6.04
5	David Hodgson	Lewes Wanderers CC	V52		6.05
6	Eric Lejune	San Fairy Ann CC	TV46 Kent		6.06
7	Meadhbh Cook	Thanet RC	W		6.07
8	Alec Mayes	Ashford Wheelers CC	V70 Kent		6.08
9	Peter Holland	Lincoln Wheelers	TV68	186	6.09
10	Richard Claxton	VC Elan	V71 Kent	216	6.10
11	Alison Brockhurst	Lewes Wanderers CC	WV42		6.11
12	Peter Hayes	Catford CC	V70	208	6.12
13	Jim Hollands	Rye & District Wheelers CC	V76	195	6.13
14	Jamie Clark	Rye & District Wheelers CC			6.14
15	Jeremy Saynor	PMR@Toachim House	V52 Kent	210	6.15
16	Lisa Davis	Lewes Wanderers CC	WV40 SySx		6.16
17	Jake Mitchell	Abello-SFA Racing Team		206	6.17
18	Joshua Clark	RN&RMCA		195	6.18
19	Russ Mason	Thornton RC	V66 Kent	199	6.19
20	Nick Wilson	Rye & District Wheelers CC	V52 SySx	248	6.20
21	Nigel Perry	San Fairy Ann CC	V51		6.21
22	David Greenwood	Rye & District Wheelers CC	V50 Kent		6.22
23	William Murtagh	Rye & District Wheelers CC		180	6.23
24	David Adamson	Southborough & Dist Whs	V52		6.24
25	Matt Coombs	Lewes Wanderers CC	V44	245	6.25
26	Shaun Williams	Abello-SFA Racing Team	V50 Kent		6.26

No	Name	Club	V.T.T.A. Gp	Best LTS	Start Time
27	Anthony Bell	San Fairy Ann CC	V47		6.27
28	Rebecca Wilson	Rye & District Wheelers CC	WV50 SySx	202	6.28
29	Stephen Ratcliffe	Thornton RC	V42	195	6.29
30	Dean Chiddention	Abello-SFA Racing Team		255	6.30
31	John Clarey	Gemini BC	V76	216	6.31
32	Ben Vickery	San Fairy Ann CC	V45		6.32
33	Peter Holley	East Grinstead Tri Club	TV52		6.33
34	Trevor Hall	Thornton RC	V54	199	6.34
35	Mark Emsley	Team Asl360			6.35
36	Christopher Vernon-Parry	Kingston Wheelers	V46		6.36
37	Tony Worton	Rapha Cycle Club			6.37
38	Ben Hardisty	East Grinstead CC	V56		6.38
39	Rupert Robinson	Crawley Wheelers	V43		6.39
40	Peter Pav Bryan	Rye & District Wheelers CC		269	6.40
41	Richard Moule	Bossard Wheelers	V58	217	6.41
42	Simon Rounding	VC Elan		229	6.42
43	Ian Hodge	Southborough & Dist Whs	V56 Kent	238	6.43

SPONSORED CLUBS

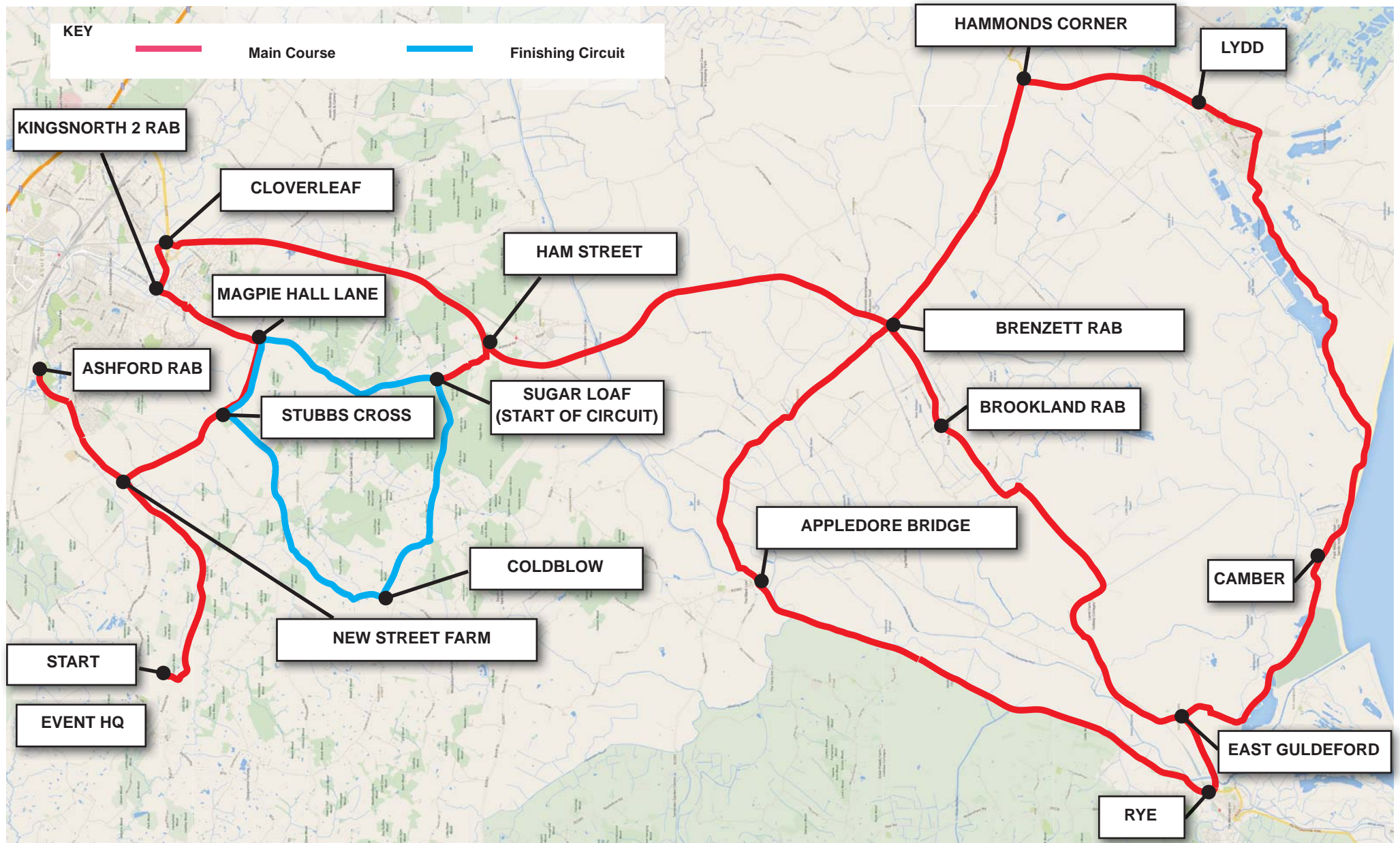
VC Elan - Harry Perry Cycles

The child first and always



Ben Hardisty is riding to raise money for the Great Ormond Street Children's Hospital.
Please support Ben.

2014 KCA 12 HOUR COURSE



COURSE

Course	Inter Dist	Cum Dist
Start in Kiln Lane Bethersden at field gate north of the junction with A.28	0	0
At end of Kiln Lane left (CARE) onto A28.	0.181	0.181
Follow A28 in an easterly direction to Singleton RAB where take first exit. Continue on A28 to (Matalan) Ashford RAB at end of Great Chart By pass – retrace to Singleton RAB. Take 2nd exit to junction with Magpie Hall Lane at New Street Farm,	1.710	6.350
turn left follow through Stubbs Cross to Magpie Hall cross roads	2.395	8.745
turn left onto Ashford Road. Follow to Park Farm RAB to Kingsnorth 2	0.909 0.300	9.654 9.954
where take 3rd exit onto A2040, fork left within 500 yards to Cloverleaf junction A2070 (Ham Street by pass)	0.827	10.781
Continue on A2070 to Bridgefield RAB to Brenzett RAB junction of A259/A2070/B2080	8.906	19.687
RYE CIRCUIT (1)		
Take 2nd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge Royal Military Canal, and immediately left to	3.967	23.654
junction with the A268 Rye	5.754	29.408
Onto the mini RAB A259	0.145	29.553
Take left on A259 through East Guldeford to Brookland RAB (care sharp bends)	6.333	35.886
continue straight on to Brenzett RAB	1.298	37.184
RYE CIRCUIT (2)	17.497	54.681
RYE AND CAMBER CIRCUIT (1)		
Take 2nd exit on B2080 through Brenzett mini RAB, Snargate, Appledore Station level crossing, over Appledore Bridge, and immediately left to	3.967	58.648

Course	Inter Dist	Cum Dist
junction with the A268 Rye	5.754	64.402
Onto the mini RAB A259	0.145	64.547
Take left on A259 through East Guldeford to Brookland RAB (care sharp bends) where	6.333	70.880
and retrace to East Guldeford (care sharp bends) where turn left on Camber Road. Follow through Camber (watch pedestrian lights) to Lydd by pass, straight on over small RAB to join B2075 at T junction at north end of town turn right (GREAT CARE), continue on B2075 to Hammonds Corner A259 Junction.	5.356 11.484	76.236 87.720
Left on A259 to Brenzett RAB	3.282	91.002
CAMBER CIRCUIT (1)		
Take 1st exit on A259 to Brookland RAB	1.298	92.300
straight onto East Guldeford (care sharp bends) where turn left on Camber Road. Follow through Camber (watch pedestrian lights) to Lydd by pass, straight on over small RAB to join B2075 at T junction at north end of town turn right, continue on B2075 to Hammonds Corner A259 Junction.	5.356 11.484	97.656 109.140
Left on A259 to Brenzett RAB	3.282	112.422
CAMBER CIRCUIT (2)	21.420	133.842
CAMBER CIRCUIT (3)	21.420	155.262
CAMBER CIRCUIT (4)	21.420	176.682
CAMBER CIRCUIT (5)	21.420	198.102
CAMBER CIRCUIT (6)	21.420	219.522
CAMBER CIRCUIT (7)	21.420	240.942
where circle and retrace along A2070 to Top of Ham Street Hill	5.050	245.992
where left to ' T' junction with B2067 (Ham Street Road)	0.111	246.103
Turn Right (CARE) to Sugarloaf Cross Roads (START of FINISHING CIRCUIT)	0.808	246.911

FINISHING CIRCUIT

Course	Inter Dist	Cum Dist
Riders continue on B2067	0	0
Timekeeper 1		
Timekeeper 2	1.601	1.601
Riders continue to Magpie Hall Cross roads and turn left		
Timekeeper 3	1.378	2.979
Riders continue to Stubbs Cross and turn left		
Timekeeper 4	1.621	4.600
Riders continue through Shadoxhurst		
Timekeeper 5	1.552	6.152
Riders continue to Coldblow Junction and turn left		
Timekeeper 6	1.670	7.822
Riders continue to Sugarloaf crossroads and turn left to continue subsequent laps	1.311	9.133

Annual Lunch & Prize Presentation

All awards will be presented at the Lunch at
Smerden Charter Hall
1 November 2015

Guest of Honour - Sean Yates

Bar opens 12 o'clock - Lunch 1 o'clock

More details from:

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